



S.H.A.P.E. COMMUNITY CENTER

Address: 3903 Alameda • Houston, TX 77004

Office: 713-521-0629 • Fax: 713-521-1185

Business Hours: Monday—Friday 9:00am—4:00 pm

Web: www.shape.org • E-mail: shape@shape.org



2012
Fruit & Vegetable
Co-Op Calendar

IMPORTANT DATES



- January 1
New Years Day
- January 20
First Black President
President Elect Barack Obama
Inauguration
- January 16
Martin Luther King Jr. Day
- May 19, 1925
Malcolm X Birthday
- May 26
31st Annual
Pan African Festival
- May 28
Memorial Day
- July 4
Independence Day
- July 23 thru July 30
Tour
- September 3
Labor Day
- November 22
Thanksgiving Day
- December 25
Christmas
- December 26 thru January 1
Kwanzaa

- JANUARY -							- FEBRUARY -							- MARCH -							- APRIL -						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
1	2	3	4	5	6	7	1	2	3	4				1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10	8	9	10	11	12	13	14
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17	15	16	17	18	19	20	21
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24	22	23	24	25	26	27	28
29	30	31					26	27	28	29				25	26	27	28	29	30	31	29	30					

- MAY -							- JUNE -							- JULY -							- AUGUST -						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
1	2	3	4	5			1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31	



- SEPTEMBER -							- OCTOBER -							- NOVEMBER -							- DECEMBER -						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
1							1	2	3	4	5	6	1	2	3					1	2	3	4	5	6	7	
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
30																					30	31					

Fruit & Vegetable Co-Op: Every Third Saturday of the Month 9am – 12pm (dates highlighted) • Legal Clinic: Every Saturday 10 am -12 pm • Community Service Orientation: Every Saturday 10 am – 11:30 am
 S.H.A.P.E. Community Center 3815 Live Oak – Houston, TX 77004 • Hours: Monday—Saturday 9:00am–6:00pm • Sunday Closed • Phone: 713-521-0641 • Fax: 713-526-5164



FRUIT AND VEGETABLE CO-OP INFORMATION



Co-Op is held the third Saturday of every month @ S.H.A.P.E. Community Center
3815 Live Oak • Houston, TX 77004 • 713-521-0641

The Fruit and Vegetable Co-Op is a group of people who pool their time, resources and buying power together to purchase good quality fresh fruits and vegetables at a low cost. They purchase in bulk and save money. •Ujamaa~Cooperative Economics & Sharing • They also learn more about food nutrition and preparation from one another. Working cooperatively with each other and sharing the responsibility for the work involved, helps build a stronger community. **Please bring your own containers (two large boxes etc.) for Fruit & Vegetable Co-Op's only.**

A Fruit and Vegetable Co-Op is ~ \$35

Potatoes, Tomatoes, Okra, Greens, Onions, Corn, Squash, Zucchini, Broccoli, Carrots, Green Peppers, Green Beans, Cabbage, Cauliflower, Mushrooms, Celery, Green Onion, Parsley, Egg Plant Lettuce, Apples, Bananas, Cantaloupe, Honeydew, Oranges, Lemons, Grapefruit


A Fruit Only Co-Op is ~ \$30

Apples, Bananas, Cantaloupe, Grapes, Honeydew Melons, Oranges, Lemons, Grapefruits, Mangos, Pears Watermelon, Pineapple, Strawberries, Plums, Kiwi

PLEASE READ CAREFULLY.... When you purchase a Co-Op you are agreeing to the following rules.

- Co-Op members should arrive at the center by 9am, to unload the van; separate/weigh fruits and vegetables into bags. Clean-up is appreciated after everyone has received their Co-Op. •Ujima~Collective Work & Responsibility•
- Fruit & Vegetable and/or Fruit Only Co-Op's are to be paid for in advance by the following ways:
 - Mailed payments must be received no later than Wednesday, the week of Co-Op (do not mail cash)
 - Payment must be made by Friday 2:30 pm, the day before Co-Op.
- Please be prepared to pay an additional \$5.00 the day of Co-Op if you have not pre-paid by Friday 2:30 pm the day before Co-Op.
- Co-Op's picked up after 11am will be charged \$2.00 extra per Co-Op for boxing.
- Co-Op's not picked up by 12pm, will be sold or given to a needy senior citizen and your money will not be refunded.
- If writing a check be prepared to provide a current State ID or TDL, if paying by mail please include ID or TDL#, Exp. Date, DOB and phone #.

THE ONLY PERSONS THAT WILL BE ALLOWED TO PAY FOR THEIR CO-OP THE DAY OF WITHOUT AN ADDITIONAL CHARGE AND ARE EXEMPT FROM 'UJIMA' ARE OUR ESTEEMED ELDERS

ORDER FORM (Co-Op's must be paid for by 2:30pm on Friday the day before Co-Op)			
Name:		Birth date:	
Address:		City:	State, Zip:
Home #	Work #	Cell #	Other #
TDL/ID:	State		
E-mail:		New Member: yes no	Date:
_____ F/V (\$35.00 ea) _____		_____ F/O (\$30.00 ea) _____ = \$ _____	
Total Amount Enclosed: \$ _____		Ck/Mo # _____	Co-Op Date _____
Credit Card Type: Visa MC Discover AX # _____			Exp: _____
Credit Card Authorized Signature _____		Authorized Date _____	
Please Make Personal /Cashier's Check or Money Order payable to: S.H.A.P.E. Community Center P.O. Box 8428, Houston, TX 77288-8428			
 ALL RETURNED CHECK'S WILL BE ASSESSED A \$25.00 FEE			
Physical payment address: 3903 Almeda, Houston, TX 77004 • Phone: 713.521.0629 • Fax: 713.521.1185			
Web Site: www.shape.org E-mail: shape@shape.org For more information please call @ 713-521-0629			

